

Remember to log you activity  
and healthy foods on the  
FuelUpToPlay60.com website

March 2010  
Union City High School

Stations	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
	1	2	3	4	5	
Charger Express	Bosco Sticks Philly Stk & Cheese Sand	Pizza Sticks Chi Fajita	Ch/Ch Fries Tx Chicken Club	Ch Nuggets & Pretzel	Swiss BBQ Burger Taco Salad	Whole grain bread and buns, a variety of 1% milk, vegetable and fruit are offered each day.
Traditional	Ch Patty Potato/Gravy	Tacos	BBQ Rib on Bun Turkey Sub	Mac & Cheese	Cheese Pizza	
Deli Line				Coney Dog		
	8	9	10	11	12	
Charger Express	Pepp Pizza	Jammers Austin Stk Wrap	Mtball Calzone Spicy Chick Sandwich	Pork Fajita Baby Ray on Bun	Olive Burger Walking Taco	Please remember to put a name and number on the deposit envelope & put them in the drop box located at each school.
Traditional	Tomato Soup Toasted Ch	Chicken Nuggets	Bake Potato Bar Ch Tender Wrap	Quesidilla	Pepperoni Pizza	
Deli Line				Crazy Ch Bread		
	15	16	17	18	19	
Charger Express	Bosco Sticks Coney Dog	Chicken Club Ch/Ch Fries	Chi Fajita Pizza Sticks	Ch Tender & Pretzel	Taco Salad Mush/Swiss Burger	Milk \$.35 Lunch \$2.00 Reduced Lunch \$.40 A Second Lunch \$2.00
Traditional	Salad Bar	Nachos w/Mt Cheese	Beef Stew Biscuit BBQ Rib	Polish Saus Esc Potatoes Burrito	French Bread Pizza	
Deli Line						
	22	23	24	25	26	
Charger Express	Ch Pizza	Jammers Beef/Cheddar	Pork Fajita Crazy Ch Bread	Quesidilla Meatball Calzone	Bacon Ch Burger Walking Taco	Students should maintain a positive balance in their lunch account.
Traditional	Sloppy Joe on Bun	Hamburger Gravy/Potatos	Lasagna Breadstick Cold Cut Sub	Ch Burger on Bun Chiken Club Salad	Sausage Pizza	
Deli Line						
	29	30	31			
Charger Express	Bosco Sticks Ch Fried Stk on Bun	Pizza Sticks Chick Fajita	Polish Dog Austin Steak Wrap			Charging should only be used in an emergency.
Traditional	Ham w/Gravy & Potatoes	Tacos	BBQ Chicken on Bun Saus Gravy & Biscuit			
Deli Line						